

RUINSARA TAAL TREK

if there is a will, there is a RUINSARA TAAL



Overview

Region: - Uttarakhand

Duration: - 8 Days

Grade: - Moderate

Max Altitude: - 3500 m

Ruinsara Tal is a God's Himalayan lake nestled in the lush green meadows with a snow clad mountains. Ruinsara Tal trek is a perfect trek for beginners and perfect for a first hike. There's easy walking, over the major portion along the river waters. Up above are the azure blue skies, on your right and left you will be witnessing the dense forests of sycamore, chestnut and deodar

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Who Can Go:-

First timer can apply, should have some interest in trekking and mountaineering. The climber must be fit and have sufficient stamina to cover 5 km of distance in 45 minutes without a stress.

The climber should be able to carry a 10 kg backpack.

Heart problem, high blood pressure, asthma, and epilepsy cannot be reconciled on this mission. The climber must not have the conditions mentioned above.



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Brief Itinerary

Day 1: Dehradun to Sankri(1920 m) (210 km) (7/8 hours)

Day 2: Drive from Sankri to Taluka (11 km) trek from Taluka to Gangar(2440 m) (9km) (4/5 hours)

Day 3: Gangar to Devsu Bugyal (3000 m) (10 km) (4/5 hours)

Day 4: Devsu Bugyal to Ruinsara Lake (3500 m) (12 km) (6/7 hours)

Day 5: Rest Day at Ruinsara Lake

Day 6: Ruinsara Lake to Devsu Bugyal (12 km) (5/6 hours)

Day 7: Devsu Bugyal to Taluka (18 km) (6/7 hours) Drive from Taluka to Sankri

Day 8: Sankri to Dehradun (210 km) (7/8 hours)

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Detailed Itinerary

Day 1: Dehradun to Sankri(1920 m) (210 km) (7/8 hours)

The Journey to the cradle shaped valley starts from Dehradun. Dehradun rests between the Ganga and the Yamuna, and attracts a large number of tourists each year for its magnificent landscapes. Your journey starts in the morning, picking you up at 7.00 AM from the Dehradun Railway station. We drive to Sankri passing through the queen of hills i.e. Mussoorie. On the way you get an opportunity to have a splendid view of the of Snow-clad hills from Mussoorie onwards. You will also have the astonishing view of “Kempty Falls” en-routing Sankri. Sankri held as base camp for many treks and one of them is Har-Ki-Doon. It is a village with jaw dropping view of the Mighty Himalayas. It is located 13 km inside the Govind Wildlife Sanctuary which itself does not need any introduction. The beautiful sun setting behind the Himalayas with the scenic view of the Swargarohini peak makes Sankri one of the most popular base camps.

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Day 2: Drive from Sankri to Taluka (11 km) trek from Taluka to Drive from Sankri to Taluka (11 km) trek from Taluka to Gangar(2440 m) (9 km) (4/5 hours)

Have your breakfast and head for Taluka by taxi, 11 km away from Sankri after reaching there take a short break and start your trek towards Gangar. The trail is rough and is not in a very good condition. While trekking you will encounter couple of alternative routes that leads to different Jaunsari villages of that region, avoid them and stick to the route. After 8kms of trekking you will see a beautiful village with unique wooden houses on the left side of the river, Gangar Village. Setup your tents, enjoy dinner and stay in tents.

Day 3: Gangar to Devsu Bugyal (3000 m) (10 km) (4/5 hours)

The trek today is 7 km long so carry packed lunch with you. Now, go through thick forest of Pines and Oaks, walk under the shade of trees with crumbling sound of leaves. This place has rich alpine vegetation and it is home to a number of Himalayan birds and animals which can be spotted on the way to campsite.

Day 4: Devsu Bugyal to Ruinsara Lake (3500 m) (12 km) (6/7 hours)

Surrounded by birch trees, Ruinsara Tal (3500mts) makes a perfect campsite but this region is exposed to cold winds. The lake is surrounded by bhojpatra trees which adds to the lake's beauty. The trek to Ruinsara Tal from Devsu Bugyal is a pleasant walk and not tiring.

Day 5: Rest Day at Ruinsara Lake

Ruinsara Tal is a pristine lake situated at an altitude of 3500 m at the foot of Swargarohini peaks. It can be approached by a moderate trek of 34 km. The lake is nestled in the Ruinsara valley, which is located at the south of Har Ki Dun valley. You can go towards the base of Swargarohini and Black Peak. Further is the route of Dhumdar Kandi Pass (5,490 m). After exploring these places get back to the campsite.

Day 6: Ruinsara Lake to Devsu Bugyal (12 km) (5/6 hours)

Bid adieu to this serene Lake and retrace your steps to Devsu Bugyal with the same extremely beautiful views of snow-capped mountains and wide valleys. Reach the campsite and pitch your tent amidst the meadow, have delicious food and sleep comfortably in tents.

Day 7: Devsu Bugyal to Taluka (18 km) (6/7 hours) Drive from Taluka to Sankri

From Devsu Bugyal start the descent to Taluka, trek through Seema which was your campsite on Day 2. Reach Taluka, take a small break there. The trek ends here vehicles will be arranged for Sankri. Go to Sankri, arrangements will be made there.

Day 8: Sankri to Dehradun (210 km) (7/8 hours)

Today is the last day of the memorable trip where we take away a bag full of memories cherishing the whole life. We head back from Sankri to Dehradun with a heavy heart remembering those nights under the clear sky on the lap of the Himalayas.

Note:

Itinerary subject to change at any time due to unforeseen weather condition/natural calamities/Government instructions/sudden global health concern etc.

How to Reach

The Dehradun Railway station is one of the main stations in the City and it is an old station. It has good connectivity to many places and these include Lucknow, Delhi, and Howrah. Tickets from Delhi to Dehradun by train cost around Rs.350 for a second class sleeper ticket and Rs.890 for a third A/C sleeper ticket. It is essential to book the tickets at least one month in advance as this route is always in demand.

By Train:-

From Delhi take the DDN SHTABDI SPL (02017) Dep. New Delhi at 06:45am. arrival Dehradun at 12:55pm. or the Uttar KOTA DDN SPL (02401) Dep. NZM at 11:45pm arrival Dehradun at 05:40 am (Overnight Journey).

By Bus:-

Regular buses fly from ISBT Delhi Anand Vihar/Kashmiri Gate station to Dehradun.

Buses drop you at ISBT bus station.

Tata Sumo or similar vehicles will pick-up you from Dehradun Isbt and Railway Station

We would suggest you to take only government buses from ISBT Anand Vihar/Kashmiri Gate.

Private buses fly from outside ISBT and they are not trust worthiness.

Cost Terms

Inclusions :-

- 1.Accommodation. (Guest house, Camping)
- 2.Meals while on trek (Veg)
- 3.Trek equipment (Sleeping bag, mattress, Kitchen & dinning tent, crampon, utensils, tent)
- 4.All necessary permits and entry fees.
5. First aid medical kits, stretcher and oxygen cylinder.
6. Mountaineering qualified & professional trek Leader, guide and Support staff.

Exclusions :-

- 1.Any kind of personal expenses.
2. Food during the transit.
3. Insurance.
4. Mules or porter to carry personal luggage.
5. Anything not specifically mentioned under the head



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